



4th May 2017

Dear parents/guardians

Mr Gee and I (both qualified British Cycling level 2 leaders) along with Miss Hedley will start to take pupils on bike rides on Wednesday 10th May after school. The rides will take place on local roads and all routes have been ridden previously by Mr Gee or I to check suitability. The rides will then take place every Wednesday until we break up for summer holidays.

In order for pupils to take part in these rides they need to have the following:

- Their own bike - fit for purpose in good working order. Please be aware this is yours and your son/daughters responsibility if they turn up for the ride and we deem the bike unsuitable they will be unable to take part.
- A good fitting helmet in good condition, again if this is deemed unsuitable then they will be unable to take part in the ride.
- Suitable clothing for the ride and weather conditions (including gloves)
- Some food and a drink - not a buffet but a small piece of chocolate, Kendal mint cake or jelly babies and for a drink, water or cordial not a fizzy drink. This will be carried with them for the ride so a bottle to fit in a bottle cage would be best.

The rides will vary in length so we will meet with the pupils the day before to advise the route, length in miles and approximate time of arrival. In this meeting we will also comment on what type of clothing will be required.

As in all out of school activities we will be covered on our public liability insurance but parents and pupils need to be aware that although we have taken every precaution to prevent accidents, pupils are responsible for their own actions and good behaviour is expected at all times. We reserve the right to withdraw any student from the activities if we are concerned about their behaviour and safety in and out of the school environment.

Could you please fill in the slip below and return to school on Wednesday 10th May which will be our first club meeting.

Yours sincerely

Mr A Young
Bike club organiser

Bike club practice rides

Name of child: _____

I understand all of the above information and give full consent to my son/daughter taking part in the bike club practice rides.

Parent/guardian signature: _____ Date: _____