



September 2018

Dear Parents/Carers,

RE: Charity Mountain Bike Challenge 2nd/3rd/4th November 2018

After a fantastic challenge last summer and the unforgettable Tour of Britain we are hoping to keep the momentum going with a charity mountain bike challenge.

A few months ago a lady called Penni offered a box of cycling clothing for free to a cycling group, we gratefully accepted the offer and when the kit arrived it turned out to be a lot of high quality clothing. We spoke to the lady to say thanks and it came out that it belonged to her late husband Brian, a huge cycling fan who tried his best to inspire youngsters.

Brian sadly died of a brain tumour, as thanks to Penni for the clothing and in memory of Brian we've decided to organise a charity cycle event to raise money for Brain Tumour Research.

The mountain bike challenge will be difficult; we plan on completing all 7 Stanes mountain bike red routes in 48 hours plus 1 blue route.

The itinerary for the weekend is below, the total ride distance for the weekend is just under 100 miles with nearly 400 miles of driving. The cost for the weekend is £80, this includes all travel, accommodation, food and guiding.

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| Friday 2 nd November | <ul style="list-style-type: none">- Leave school at end of school day and travel to Glentress forest lodges- Prepare bikes and kit for next day's riding- Evening meal and early night. |
| Saturday 3 rd November | <ul style="list-style-type: none">- Glentress red route- Innerleithen red route- Newcastleton red route- AE red route- Travel to Mabie forest for the night. |
| Sunday 4 th November | <ul style="list-style-type: none">- Mabie red route- Dalbeattie red route- Kirroughtree red route- Glentool blue route- Travel home to Aspatria. |

Please return the attached permission slip with full payment by Friday 5th October 2018.

This visit is offered as an extra opportunity for students, over and above the usual curriculum, by staff that are prepared to devote extra time to plan, lead and support it to enable students to benefit. Your appreciation of this, and that of your son/daughter, is very much valued. School reserves the right not to take individual students on visits, especially where there may be concerns about their behaviour and/or attendance.

The school has a blanket insurance policy covering medical, disruption and personal injury. Excesses do apply and there are exclusions. The full policy is available for inspection at school. A risk assessment of the visit has been completed and is available for inspection on request.

Emergency contact communications exists between the school and the leading staff, however if you are trying to make direct contact with your child it is likely that mobile phone coverage will be very limited. In an emergency we would ask you to contact Ms Schafer on 07708589025, who would in turn be able to contact the group.

If you have any questions please feel free to contact me at school.

Yours faithfully,

Mr Young
Bike club organiser

Kit list

Medication - clearly marked and handed to a member of staff before leaving

Snacks
Money

Clothes to ride (fresh kit for 8 rides)

Shorts/tracksuit bottoms (padded if they have them, no jeans)
T shirt
Warm top
Helmet - **NO HELMET, NO RIDE**

Other clothes to ride in

Sturdy shoes (trainers will be fine, no flip flops or sandals)
Warm hat
Gloves
Sunglasses (wishful thinking!)
Waterproof trousers and top

Items for the ride

Bag to carry
Water bottle
Spare inner tube for their bike (make sure it's the right size for their bike)

General clothing

At the end of the ride students may be wet and muddy. They will need to bring a full change of clothes for after the ride

RE: Charity Mountain Bike Challenge 2nd/3rd/4th November 2018

Name of Child: _____

I give permission for my child to take part in the charity MTB challenge to the 7 Stanes on Saturday 3rd and Sunday 4th November 2018 leaving school on Friday 2nd November.

I will collect my son / daughter from school on Sunday evening at 6pm. I enclose £80 for the trip.

Parent/guardian signature: _____