

11 November 2020

Dear Parent/Carer

I am writing to inform you that a child or member of staff that has been in close contact with your child has tested positive for COVID-19 (coronavirus). They are currently isolating along with other members of their household.

As your child has been in close contact, they now need to isolate immediately for 14 days from the date that they were last in contact with the positive case which was Monday 9<sup>th</sup> November. This means that your child should isolate at home until 23<sup>rd</sup> November 2020. No other household contacts need to isolate at this time.

Please look out for symptoms of COVID-19 in your child whilst they are isolating (a temperature of 37.8°C or above, a new persistent cough or loss of, or change to, sense of taste or smell). If they develop any of these symptoms please inform the school and keep your child home.

**If your child does develop symptoms:**

If your child (or any other household members) develop symptoms, follow the 'Stay at home guidance' which can be found here: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

This link also provides information if you have a household where children and grandparents live together. In addition, there is an easy read version of the guidance available via the web link above.

Please arrange for them to get tested as soon as possible. Tests can be booked on the NHS testing and tracing for coronavirus website using the link here: <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or a test can be arranged by telephoning NHS 119. Children aged 11 and under will need to be helped by their parents/carers if using a home testing kit.

Please contact the school with any test results once you know them in order to agree a provisional date for your child and any siblings to return to school.

If your child tests positive for COVID-19, they should start a 10 day isolation period (regardless of any days already spent isolating due to being a close contact).

If they test negative, continue with the agreed 14 day isolation period. At the end of the 14 day isolation period, your child can return to school (as long as they have not had a temperature, vomiting or diarrhoea for 48 hours).

**Support during isolation:**

If you feel your family may experience problems as a result of having to isolate (for example difficulty obtaining food or financial hardship), please use the following link to access information about Cumbria County Council's Ways to Welfare service: <https://www.cumbria.gov.uk/welfare/default.asp>

Please do not hesitate to contact me if you have any questions. We look forward to welcoming your child back into school soon.

Yours sincerely



Judith Schafer

Executive Headteacher